

How taking SYMLIN® can help you manage your diabetes



Insulin may not be enough

People with diabetes make too little insulin, or they are not able to use the insulin their bodies make. They also may not have enough of another important hormone, called *amylin*, that also helps control blood sugar.

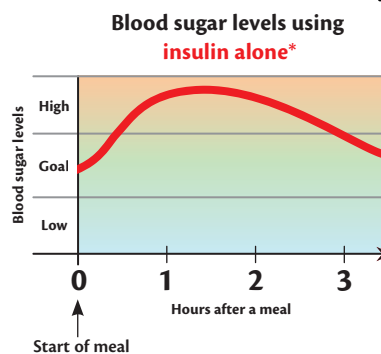
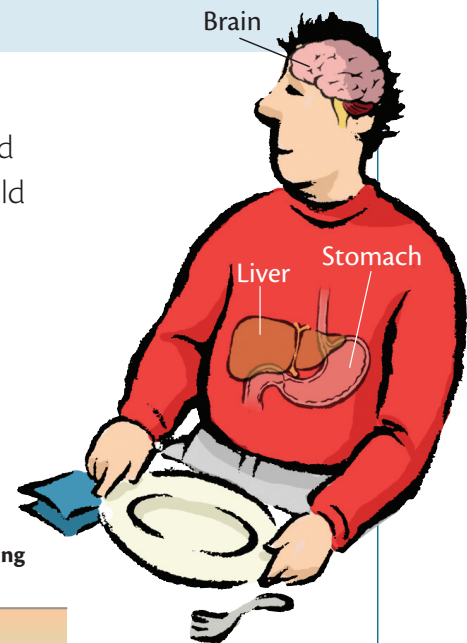
Amylin and insulin work together. **Amylin helps control how much sugar gets into your blood** after a meal and how quickly it gets there. **Insulin helps move sugar out of your blood** and into your cells to be used for energy.

Too little amylin — what happens?

When your body has too little amylin:

- ❖ Food moves through **your stomach** more quickly during and after meals, sending sugar into your blood faster than it should
- ❖ **Your brain** thinks you are still hungry at a meal, causing you to eat more than your body needs. More food means more sugar going into your blood
- ❖ **Your liver** keeps sending *more* sugar into your blood during and after a meal. But your liver should send *less* sugar after you eat. More sugar means higher blood sugar levels

With too little amylin, your blood sugar can go too high after meals. Taking more insulin will not control this immediate rise in blood sugar levels after meals. And taking more insulin may increase your chances of having low blood sugar, known as *hypoglycemia*.



*Graphic is for illustrative purposes only. Adapted from SYMLIN Prescribing Information, 2008.

See page 2 for information on how SYMLIN can help smooth out your blood sugar levels by helping to replace the amylin your body may need.

SYMLIN is used with insulin to lower blood sugar, but your blood sugar may drop too low (severe hypoglycemia), especially if you have type 1 diabetes. You must use SYMLIN exactly as prescribed. Nausea is the most common side effect with SYMLIN. When you first start SYMLIN, your healthcare provider should tell you to **reduce the dose of insulin you take before meals by 50 percent. Never mix SYMLIN and insulin.**



For Important Patient Safety Information, including information about the risk for severe low blood sugar, please see page 3. Also read the accompanying SYMLIN Medication Guide.

Symlin®
(pramlintide acetate)
injection

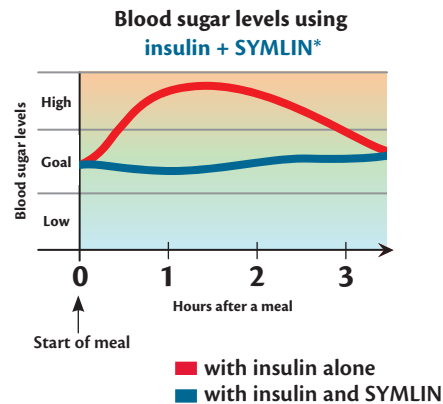
SYMLIN® helps replace amylin

SYMLIN, a man-made version of amylin, helps replace the amylin your body may need. SYMLIN is an injectable medicine used to control blood sugar after meals in adults with type 2 or type 1 diabetes who take mealtime insulin. **The SymlinPen® is a convenient way to take SYMLIN when you are on the go!** Amylin Pharmaceuticals, Inc., supplies the SymlinPen® at a lower price than that of SYMLIN in the vial. But as with other medicines, the price you pay may vary from pharmacy to pharmacy.

What happens when you take SYMLIN?

With SYMLIN:

- ❖ **Food moves through your stomach more slowly** after meals, sending sugar more slowly into your blood
- ❖ **Your brain may think you are full sooner at meals.** This may cause you to eat less, which may help you lose weight. Less food means less sugar going into your blood
- ❖ **Your liver sends less sugar into your blood after meals**



SYMLIN helps smooth out your blood sugar levels throughout the day, especially after meals.

*Graphic is for illustrative purposes only. Adapted from SYMLIN Prescribing Information, 2008.



The SYMLIN Support ProgramSM can help you along the way

During your treatment with SYMLIN, the SYMLIN Support Program can help you by providing:

- Access to SYMLIN specialists, nurses who can answer your questions about SYMLIN
- Educational newsletters and materials to help you know what to expect from your treatment
- A FREE travel case to carry your SymlinPen®

To enroll, visit www.SYMLINsupport.com or call **1-888-SYMLIN1** (1-888-796-5461).

Notes:



For Important Patient Safety Information, including information about the risk for severe low blood sugar, please see page 3. Also read the accompanying SYMLIN Medication Guide.

Symlin®
(pramlintide acetate)
injection

SymlinPen®
(pramlintide acetate)
pen-injector

Important Patient Safety Information for SYMLIN[®] (pramlintide acetate) Injection

What is the most important information I should know about SYMLIN?

- SYMLIN is used with insulin to lower blood sugar, especially high blood sugar that happens after meals.
- SYMLIN is given at mealtimes. The use of SYMLIN does not replace your daily insulin but may lower the amount of insulin you need, especially before meals.
- Even when SYMLIN is carefully added to your mealtime insulin therapy, your blood sugar may drop too low, especially if you have type 1 diabetes. If this low blood sugar (severe hypoglycemia) happens, it is seen within 3 hours after a SYMLIN injection. Severe low blood sugar makes it hard to think clearly, drive a car, use heavy machinery, or do other risky activities where you could hurt yourself or others.
- SYMLIN should only be used by people with type 2 and type 1 diabetes who:
 - already use their insulin as prescribed, but still need better blood sugar control.
 - will follow their doctor's instructions exactly.
 - will follow up with their doctor often.
 - will test their blood sugar levels before and after every meal, and at bedtime.
 - understand how to adjust SYMLIN and insulin doses.

Low blood sugar (hypoglycemia)

- **Your chance for low blood sugar is higher if you:**
 - do not reduce your insulin dose before meals at the beginning of SYMLIN treatment, as directed by your doctor.
 - use more SYMLIN or insulin than prescribed by your doctor.
 - change your insulin dose without checking your blood sugar.
 - eat less food than your usual meal.
 - are sick and cannot eat.
 - are more active than usual.
 - have a low blood sugar level before eating.
 - drink alcohol.

How should I use SYMLIN?

- **When you first start SYMLIN, your doctor should tell you to reduce the dose of insulin you take before meals by 50 percent.** Future insulin changes should be directed by your doctor based on blood sugar testing.
- The amount of SYMLIN you use will depend on whether you have type 2 or type 1 diabetes.
- **Never mix SYMLIN and insulin.**
- **Injecting SYMLIN is similar to injecting insulin. Inject SYMLIN under the skin (subcutaneously) of your stomach area (abdomen) or upper leg (thigh) and at least 2 inches away from your insulin injection site.**
- **Do not transfer SYMLIN from the pen-injector to a syringe. This could result in a higher dose than intended, because SYMLIN in the pen-injector is a different strength than SYMLIN in the vial.**
- If you miss or forget a dose of SYMLIN, wait until the next meal and take your usual dose of SYMLIN at that meal. Do not take more than your usual dose of SYMLIN.
- Do not take SYMLIN if you plan to eat a meal with fewer than 250 calories or less than 30 grams of carbohydrate. Do not inject SYMLIN if you skip a meal.
- Opened pen-injectors or vials in use can be refrigerated or kept at a room temperature up to 86°F for up to 30 days.

What are the possible side effects of SYMLIN?

- Low blood sugar (hypoglycemia) is a potentially serious side effect (see **Low blood sugar (hypoglycemia)** section).
- Nausea is the most common side effect with SYMLIN. Mild nausea is more likely during the first weeks after starting SYMLIN and usually does not last long. It is very important to start SYMLIN at a low dose and increase it as directed by your doctor. If nausea continues or bothers you, call your doctor right away.
- Tell your doctor if you have any side effects that bother you or that do not go away.

Be sure to read the accompanying *Medication Guide* before using SYMLIN. For more information, please see the Patient Instructions for Use, which came with your pen-injector or vial. This and other important information is also available at www.SYMLIN.com.

Live Customer Support is available Monday through Friday from 9 AM to 6 PM eastern time at **1-800-349-8919**.



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Symlin[®]
(pramlintide acetate)
injection

SymlinPen[®]
(pramlintide acetate)
pen-injector

Symlin[®]

(pramlintide acetate)
injection

Medication Guide

SYMLIN[®] (SĪM-lin) (pramlintide acetate) injection

Read the Medication Guide and the “Patient Instructions for Use” that come with your SYMLIN product before you start using it and each time you get a refill. There may be new information. This Medication Guide does not take the place of talking to your doctor about your medical condition or treatment.

What is the most important information I should know about SYMLIN?

- SYMLIN is used with insulin to lower blood sugar, especially high blood sugar that happens after meals.
- SYMLIN is given at mealtimes. The use of SYMLIN does not replace your daily insulin but may lower the amount of insulin you need, especially before meals.
- Even when SYMLIN is carefully added to your mealtime insulin therapy, your blood sugar may drop too low, especially if you have type 1 diabetes. If this low blood sugar (severe hypoglycemia) happens, it is seen within 3 hours after a SYMLIN injection. Severe low blood sugar makes it hard to think clearly, drive a car, use heavy machinery or do other risky activities where you could hurt yourself or others.
- SYMLIN should only be used by people with type 2 and type 1 diabetes who:
 - already use their insulin as prescribed, but still need better blood sugar control.
 - will follow their doctor’s instructions exactly.
 - will follow up with their doctor often.
 - will test their blood sugar levels before and after every meal, and at bedtime.
 - understand how to adjust SYMLIN and insulin doses.

What is SYMLIN?

SYMLIN is an injectable medicine for adults with type 2 and type 1 diabetes to control blood sugar. SYMLIN slows down the movement of food through your stomach. This affects how fast sugar enters your blood after eating. SYMLIN is always used with insulin to help lower blood sugar during the 3 hours after meals.

Who should not use SYMLIN?

Do **not** use SYMLIN if you:

- cannot tell when your blood sugar is low (hypoglycemia unawareness).
- have a stomach problem called gastroparesis. This is when your stomach does not empty as fast as it should.
- are allergic to SYMLIN or any ingredients in SYMLIN. See the end of this Medication Guide for a complete list of ingredients.

SYMLIN has not been studied in children.

What should I tell my doctor before starting SYMLIN?

Tell your doctor about all of your medical conditions including if you:

- **are pregnant or planning to become pregnant.** It is not known if SYMLIN can harm your unborn baby. You and your doctor will decide how to best control your blood sugar levels during pregnancy.
- **are breastfeeding.** It is not known if SYMLIN passes into your milk and if it can harm your baby. You and your doctor will decide the best way to feed your baby if you are using SYMLIN.

Keep a list of all the medicines you take. Tell your doctor about all the medicines you take including prescription and non-prescription medicines, vitamins, and

herbal supplements. SYMLIN can slow down how other medicines pass through your stomach and may affect how much of them get into your body. You may have to change the times you take certain medicines.

How should I use SYMLIN?

- **You must use SYMLIN exactly as prescribed. The amount of SYMLIN you use will depend on whether you have type 2 or type 1 diabetes.** You and your doctor will decide if you can use SYMLIN.
- It is important for you to carefully read, understand and follow the “Patient Instructions for Use” that comes along with this Medication Guide and your SYMLIN.
- **SYMLIN is available in vials and two SymlinPen[®] pen-injectors. Your doctor will prescribe the type of SYMLIN that is right for you.**
 - If you have been using the SYMLIN vial with an insulin syringe and you are changing to the SymlinPen[®] pen-injector: **Your doctor will prescribe the SymlinPen[®] pen-injector that is right for you, tell you how much SYMLIN to inject and when to inject it.**
 - **It is important that you understand how to inject the right SYMLIN dose. Read the “Patient Instructions for Use” carefully BEFORE giving your first dose with the SymlinPen[®] pen-injector. The SYMLIN in the pen-injector is a different strength than the SYMLIN in the vial.**
- The way you inject SYMLIN is similar to the way you inject insulin. **Inject SYMLIN under the skin (subcutaneously) of your stomach area (abdomen) or upper leg (thigh).** Inject SYMLIN at a site that is more than 2 inches away from your insulin injection. Do not inject SYMLIN and insulin in the same site.
- To help reduce the chances of getting a reaction at the injection site, allow SYMLIN to come to room temperature before injecting.
- Use a new needle for each SYMLIN injection.
- **Never mix SYMLIN and insulin.** Insulin can affect SYMLIN when the two are mixed together.
- Do **not** use SYMLIN if the liquid looks cloudy.
- If you take more than your prescribed dose of SYMLIN, you may get nauseous or vomit, and you may not be able to eat the amount of food you usually eat. If you take more SYMLIN than your prescribed dose, pay careful attention to the amount of insulin you use because you may be at more risk for low blood sugar. Contact your doctor for guidance.
- If you miss or forget a dose of SYMLIN, wait until the next meal and take your usual dose of SYMLIN at that meal. **Do not take more than your usual dose of SYMLIN.**

Using SYMLIN and insulin with Type 2 Diabetes

1. Start SYMLIN at 60 mcg injected under your skin, just before major meals. A major meal must have at least 250 calories or 30 grams of carbohydrate.
2. Reduce your rapid-acting or short-acting insulin, including fixed-mix insulin such as 70/30, used before meals by **50 percent**. This means half of the dose you usually use.
3. You must check your blood sugar before and after every meal and at bedtime.
4. Increase your dose of SYMLIN to 120 mcg on your doctor’s instructions if you have not had any nausea for 3 days or more.
5. Tell your doctor right away if you have nausea with the 120 mcg dose. Your doctor will tell you how to adjust your dose of SYMLIN.
6. Your doctor may make changes to your insulin doses to better control your blood sugar once you are using the 120 mcg dose of SYMLIN. All insulin changes should be directed by your doctor.

Using SYMLIN and insulin with Type 1 Diabetes

1. Start SYMLIN at 15 mcg injected under your skin, just before major meals. A major meal must have at least 250 calories or 30 grams of carbohydrate.
2. When starting SYMLIN, reduce your rapid-acting or short-acting insulin, including fixed-mix insulin such as 70/30, used before meals by **50 percent**. This means half of the dose you usually use. All insulin changes should be directed by your doctor.
3. You must check your blood sugar before and after every meal and at bedtime.
4. Increase your dose of SYMLIN to 30 mcg on your doctor’s instructions if you have not had any nausea for 3 days or more. If you have nausea with SYMLIN at 30 mcg, call your doctor right away. Your doctor may decide that you should stop SYMLIN.
5. Increase your dose of SYMLIN to 45 mcg on your doctor’s instructions if you have not had any nausea for 3 days or more while using the 30 mcg dose.

6. Increase your dose of SYMLIN to 60 mcg on your doctor's instructions if you have not had any nausea for 3 days or more while using the 45 mcg dose.
7. Call your doctor right away if you are bothered with nausea on the 45 mcg or 60 mcg dose. Your doctor may decide that you should reduce SYMLIN to the 30 mcg dose.
8. Your doctor may make changes to your insulin doses to better control your blood sugar once you are on a dose of SYMLIN that is right for you. All insulin changes should be directed by your doctor.

Staying on SYMLIN

- Once you reach your recommended dose of SYMLIN, talk to your doctor about changing your insulin doses to better control your blood sugar. You may have to increase your long-acting insulin to prevent high blood sugar (hyperglycemia) between meals. **Insulin changes should always be directed by your doctor based on blood sugar testing.**
- Call your doctor if nausea or low blood sugar continues while on your recommended dose of SYMLIN. Low blood sugar that happens often is a warning sign of possible severe low blood sugar, especially if you have type 1 diabetes.
- **If you stop taking SYMLIN for any reason, such as surgery or illness, talk to your doctor about how to re-start SYMLIN.**

When should I not use SYMLIN?

Do not use SYMLIN if:

- your blood sugar is too low.
- you do not plan to eat. Do not inject SYMLIN if you skip a meal.
- you plan to eat a meal with less than 250 calories or 30 grams of carbohydrate.
- you are sick and can't eat your usual meal.
- you are having surgery or a medical test where you cannot eat.
- you are pregnant or breastfeeding and have not talked to your doctor.

Talk to your doctor if you have any of these conditions.

What should I avoid while taking SYMLIN?

- Do not drive or operate dangerous machinery until you know how SYMLIN affects your blood sugar. Low blood sugar makes it hard to think clearly, drive a car, use heavy machinery or do other risky activities where you could hurt yourself or others. Discuss with your doctor what activities you should avoid.
- Alcohol may increase the risk of low blood sugar.
- **Your doctor will tell you which medicines you can take while using SYMLIN. Do not take other medicines that slow stomach emptying.**

What are the possible side effects of SYMLIN?

Low blood sugar (hypoglycemia)

- **SYMLIN is used with insulin to lower your blood sugar, but your blood sugar may drop too low, especially if you have type 1 diabetes.** See "What is the most important information I should know about SYMLIN?"
- When starting SYMLIN, reduce your doses of insulin before meals as recommended by your doctor to reduce the chance of low blood sugar. You and your doctor should talk about a plan to treat low blood sugar. You should have fast-acting sugar (such as hard candy, glucose tablets, juice) or glucagon with you at all times. Call your doctor if you have low blood sugar more often than normal or severe low blood sugar.

Your chance for low blood sugar is higher if you:

- do not reduce your insulin dose before meals at the beginning of SYMLIN treatment, as directed by your doctor.
- use more SYMLIN or insulin than prescribed by your doctor.
- change your insulin dose without checking your blood sugar.
- eat less food than your usual meal.
- are sick and cannot eat.
- are more active than usual.
- have a low blood sugar level before eating.
- drink alcohol.

Always have fast-acting sugar (such as hard candy, glucose tablets, juice) or glucagon available to treat low blood sugar.

Nausea: Nausea is the most common side effect with SYMLIN. Mild nausea is more likely during the first weeks after starting SYMLIN and usually does not last long. It is very important

to start SYMLIN at a low dose and increase it as directed by your doctor. See "How should I use SYMLIN?" If nausea continues or bothers you, call your doctor right away.

Other Side Effects: SYMLIN also may cause the following side effects: decreased appetite, vomiting, stomach pain, tiredness, dizziness, or indigestion.

SYMLIN also can cause reactions at the injection site including redness, minor bruising, or pain. See the detailed "Patient Instructions for Use." Follow the directions under "How should I use SYMLIN?" to reduce the chance of an injection site reaction.

Tell your doctor if you have any side effects that bother you or that do not go away.

These are not all the side effects with SYMLIN. Ask your doctor or pharmacist for more information.

How should I store SYMLIN?

- Store SYMLIN that has not been opened in the refrigerator, between 36°F to 46°F (2°C to 8°C), until you are ready to use it. Protect SYMLIN from light.
- After a vial or pen-injector has been used for the first time, it can be refrigerated or kept at a temperature up to 86°F (30°C) for 30 days. Do not leave **above** 86°F (30°C). Any vial or pen-injector in use should be thrown away after 30 days, even if it still has medicine in it.
- Unused SYMLIN (opened or unopened) should not be used after the expiration (EXP) date printed on the carton and the label.
- **Do not freeze SYMLIN. Do not use SYMLIN if it has been frozen.**

Keep SYMLIN and all medicines out of the reach of children.

General information about the safe and effective use of SYMLIN

Medicines are sometimes prescribed for purposes other than those listed in a Medication Guide. Do not use SYMLIN for a condition for which it was not prescribed. Do not give SYMLIN to other people, even if they have the same symptoms that you have. It may harm them.

This Medication Guide summarizes the most important information about SYMLIN. Also see the "Patient Instructions for Use" on using the SymlinPen® pen-injector or vial. You can ask your doctor for more about SYMLIN, including information that is written for doctors.

More information on SYMLIN can be found at <http://www.SYMLIN.com>.

SYMLIN Customer Service is available 24 hours a day at 1-800-349-8919.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

What are the ingredients in SYMLIN?

Active ingredient: pramlintide acetate

Inactive ingredients: metacresol, D-mannitol, acetic acid, and sodium acetate.

This Medication Guide has been approved by the U.S. Food and Drug Administration.

Literature Revised July 2008

Manufactured for Amylin Pharmaceuticals, Inc.

San Diego CA 92121, USA

1-800-349-8919

<http://www.SYMLIN.com>

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01-05-1233-F; 813006-FF



SymLin[®] (pramlintide acetate) injection

PRESCRIBING INFORMATION

Rx only

WARNING

SymLin is used with insulin and has been associated with an increased risk of insulin-induced severe hypoglycemia, particularly in patients with type 1 diabetes. When severe hypoglycemia associated with SymLin use occurs, it is seen within 3 hours following a SymLin injection. If severe hypoglycemia occurs while operating a motor vehicle, heavy machinery, or while engaging in other high-risk activities, serious injuries may occur. Appropriate patient selection, careful patient instruction, and insulin dose adjustments are critical elements for reducing this risk.

DESCRIPTION

SymLin[®] (pramlintide acetate) injection is an antihyperglycemic drug for use in patients with diabetes treated with insulin. Pramlintide is a synthetic analog of human amylin, a naturally occurring neuroendocrine hormone synthesized by pancreatic beta cells that contributes to glucose control during the postprandial period. Pramlintide is provided as an acetate salt of the synthetic 37-amino acid polypeptide, which differs in amino acid sequence from human amylin by replacement with proline at positions 25 (alanine), 28 (serine), and 29 (serine). The structural formula of pramlintide acetate is as shown:

Lys-Cys-Asn-Thr-Ala-Thr-Cys-Ala-Thr-Gln-Arg-Leu-Ala-Asn-Phe-Val-His-Ser-Ser-Asn-Phe-Gly-Pro-Leu-Pro-Tyr-Asn-Val-Gly-Ser-Asn-Thr-Tyr-NH₂ acetate (salt) with a disulfide bridge between the two Cys residues.

Pramlintide acetate is a white powder that has a molecular formula of C₇₀H₁₀₆N₁₀O₂₁S₂ × CH₃CO₂ (3 ≤ x ≤ 8); the molecular weight is 3949.4. Pramlintide acetate is soluble in water.

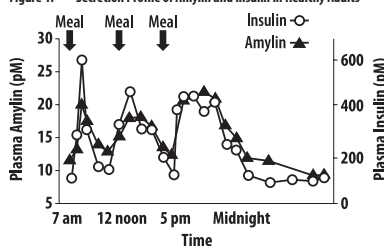
SymLin is formulated as a clear, isotonic, sterile solution for subcutaneous (SC) administration. The disposable multiple-dose SymLinPen[®] pen-injector contains 1000 mg/mL of pramlintide (as acetate). SymLin vials contain 600 mg/mL of pramlintide (as acetate). Both formulations contain 2.25 mg/mL of metacresol as a preservative, D-mannitol as a tonicity modifier, and acetic acid and sodium acetate as pH modifiers. SymLin has a pH of approximately 4.0.

CLINICAL PHARMACOLOGY

Amylin Physiology

Amylin is co-located with insulin in secretory granules and co-secreted with insulin by pancreatic beta cells in response to food intake. Amylin and insulin show similar fasting and postprandial patterns in healthy individuals (Figure 1).

Figure 1: Secretion Profile of Amylin and Insulin in Healthy Adults



Amylin affects the rate of postprandial glucose appearance through a variety of mechanisms. Amylin slows gastric emptying (i.e., the rate at which food is released from the stomach to the small intestine) without altering the overall absorption of nutrients. In addition, amylin suppresses glucagon secretion (not normalized by insulin alone), which leads to suppression of endogenous glucose output from the liver. Amylin also regulates food intake due to centrally-mediated modulation of appetite.

In patients with insulin-using type 2 or type 1 diabetes, the pancreatic beta cells are dysfunctional or damaged, resulting in reduced secretion of both insulin and amylin in response to food.

Mechanism of Action

SymLin, by acting as an amylinomimetic agent, has the following effects: 1) modulation of gastric emptying; 2) prevention of the postprandial rise in plasma glucose; and 3) satiety leading to decreased caloric intake and potential weight loss.

Gastric Emptying. The gastric-emptying rate is an important determinant of the postprandial rise in plasma glucose. SymLin slows the rate at which food is released from the stomach to the small intestine following a meal and, thus, it reduces the initial postprandial increase in plasma glucose. This effect lasts for approximately 3 hours following SymLin administration. SymLin does not alter the net absorption of ingested carbohydrate or other nutrients.

Postprandial Glucagon Secretion. In patients with diabetes, glucagon concentrations are abnormally elevated during the postprandial period, contributing to hyperglycemia. SymLin has been shown to decrease postprandial glucagon concentrations in insulin-using patients with diabetes.

Satiety. SymLin administered prior to a meal has been shown to reduce total caloric intake. This effect appears to be independent of the nausea that can accompany SymLin treatment.

Pharmacokinetics

Absorption. The absolute bioavailability of a single SC dose of SymLin is approximately 30% to 40%. Subcutaneous administration of different doses of SymLin into the abdominal area or thigh of healthy subjects resulted in dose-proportionate maximum plasma concentrations (C_{max}) and overall exposure (expressed as area under the plasma concentration curve or AUC) (Table 1).

Table 1: Mean Pharmacokinetic Parameters Following Administration of Single SC Doses of SymLin

SC Dose (mcg)	AUC ₍₀₋₂₄₎ (pmol·min/L)	C _{max} (pmol/L)	T _{max} (min)	Elimination t _{1/2} (min)
30	3750	39	21	55
60	6778	79	20	49
90	8507	102	19	51
120	11970	147	21	48

Injection of SymLin into the arm showed higher exposure with greater variability, compared with exposure after injection of SymLin into the abdominal area or thigh.

There was no strong correlation between the degree of adiposity as assessed by BMI or skin fold thickness measurements and relative bioavailability. Injections administered with 6.0-mm and 12.7-mm needles yielded similar bioavailability.

Distribution. SymLin does not extensively bind to blood cells or albumin (approximately 40% of the drug is unbound in plasma), and thus SymLin's pharmacokinetics should be insensitive to changes in binding sites.

Metabolism and Elimination. In healthy subjects, the half-life of SymLin is approximately 48 minutes. SymLin is metabolized primarily by the kidneys. Des-lys¹-pramlintide (2-37 pramlintide), the primary metabolite, has a similar half-life and is biologically active both *in vitro* and *in vivo* in rats. AUC values are relatively constant with repeat dosing, indicating no bioaccumulation.

Special Populations.

Renal Insufficiency: Patients with moderate or severe renal impairment (Cl_{cr} >20 to ≤50 mL/min) did not show increased SymLin exposure or reduced SymLin clearance, compared to subjects with normal renal function. No studies have been done in dialysis patients.

Hepatic Insufficiency: Pharmacokinetic studies have not been conducted in patients with hepatic insufficiency. However, based on the large degree of renal metabolism (see Metabolism and Elimination), hepatic dysfunction is not expected to affect blood concentrations of SymLin.

Geriatric: Pharmacokinetic studies have not been conducted in the geriatric population. SymLin should only be used in patients known to fully understand and adhere to proper insulin adjustments and glucose monitoring. No consistent age-related differences in the activity of SymLin have been observed in the geriatric population (n=539 for patients 65 years of age or older in the clinical trials).

Pediatric: SymLin has not been evaluated in the pediatric population.

Gender: No study has been conducted to evaluate possible gender effects on SymLin pharmacokinetics. However, no consistent gender-related differences in the activity of SymLin have been observed in the clinical trials (n=2799 for male and n=2085 for female).

Race/Ethnicity: No study has been conducted to evaluate the effect of ethnicity on SymLin pharmacokinetics. However, no consistent differences in the activity of SymLin have been observed among patients of differing race/ethnicity in the clinical trials (n=4257 for white, n=229 for black, n=337 for Hispanic, and n=61 for other ethnic origins).

Drug Interactions: The effect of SymLin (120 mcg) on acetaminophen (1000 mg) pharmacokinetics as a marker of gastric-emptying was evaluated in patients with type 2 diabetes (n=24). SymLin did not significantly alter the AUC of acetaminophen. However, SymLin decreased acetaminophen C_{max} (about 29% with simultaneous co-administration) and increased the time to maximum plasma concentration or t_{max} (ranging from 48 to 72 minutes) dependent on the time of acetaminophen administration relative to SymLin injection. SymLin did not significantly affect acetaminophen t_{1/2} when acetaminophen was administered 1 to 2 hours before SymLin injection. However, the t_{1/2} of acetaminophen was significantly increased when acetaminophen was administered simultaneously with or up to 2 hours following SymLin injection (see PRECAUTIONS, Drug Interactions).

Pharmacodynamics

In clinical studies in patients with insulin-using type 2 and type 1 diabetes, SymLin administration resulted in a reduction in mean postprandial glucose concentrations, reduced glucose fluctuations, and reduced food intake. SymLin doses differ for insulin-using type 2 and type 1 patients (see DOSAGE AND ADMINISTRATION).

Reduction in Postprandial Glucose Concentrations. SymLin administered subcutaneously immediately prior to a meal reduced plasma glucose concentrations following the meal when used with regular insulin or rapid-acting insulin analogs (Figure 2). This reduction in postprandial glucose decreased the amount of short-acting insulin required and limited glucose fluctuations based upon 24-hour glucose monitoring. When rapid-acting analog insulins were used, plasma glucose concentrations tended to rise during the interval between 150 minutes following SymLin injection and the next meal (see DOSAGE AND ADMINISTRATION).

Figure 2: Postprandial Plasma Glucose Profiles in Patients With Type 2 and Type 1 Diabetes Receiving SymLin and/or Insulin

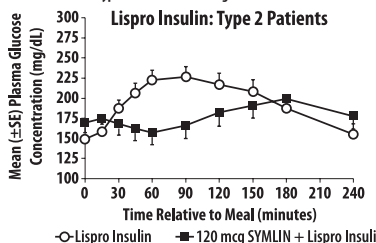


Figure 2: Postprandial Plasma Glucose Profiles in Patients With Type 2 and Type 1 Diabetes Receiving SymLin and/or Insulin

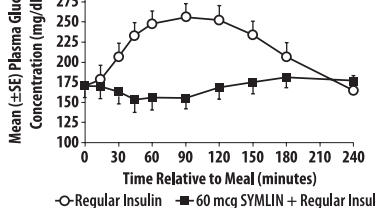
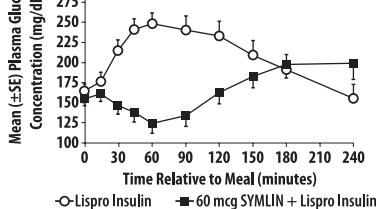


Figure 2: Lispro Insulin: Type 1 Patients



Reduced Food Intake. A single, subcutaneous dose of SymLin 120 mcg (type 2) or 30 mcg (type 1) administered 1 hour prior to an unlimited buffet meal was associated with reductions in total caloric intake (placebo-subtracted mean changes of ~23% and 21%, respectively), which occurred without decreases in meal duration.

CLINICAL STUDIES

A total of 5325 patients and healthy volunteers received SymLin in clinical studies. This includes 1688 with type 2 diabetes and 2375 with type 1 diabetes in short- and long-term controlled clinical trials, long-term uncontrolled clinical trials, and an open-label study in the clinical practice setting.

Clinical Studies in Type 2 Diabetes

The efficacy of a range of SymLin doses was evaluated in several placebo-controlled and open-label clinical trials in insulin-using patients with type 2 diabetes. Based on results obtained in these studies, the recommended dose of SymLin for patients with insulin-using type 2 diabetes is 120 mcg administered immediately prior to major meals.

Two, long-term (26 to 52 week), randomized, double-blind, placebo-controlled studies of SymLin were conducted in patients with type 2 diabetes using fixed dose insulin to isolate the SymLin effect. Demographic and baseline characteristics for the 871 SymLin-treated patients are as follows: mean baseline HbA_{1c} ranged from 9.0 to 9.4%, mean age was 56.4 to 59.1 years, mean duration of diabetes ranged from 11.5 to 14.4 years, and mean BMI ranged from 30.1 to 34.4 kg/m². In both of these studies, SymLin or placebo was added to the participants' existing diabetes therapies, which included insulin with or without a sulfonylurea agent and/or metformin.

Table 2 summarizes the composite results across both studies for patients assigned to the 120-mcg dose after 6 months of treatment.

Table 2: Mean (SE) Change in HbA_{1c}, Weight, and Insulin at 6 Months in the Double-Blind, Placebo-Controlled Studies in Patients With Insulin-Using Type 2 Diabetes

Variable	Placebo	SymLin (120 mcg)
Baseline HbA _{1c} (%)	9.3 (0.08)	9.1 (0.06)
Change in HbA _{1c} at 6 Months Relative to Baseline (%)	-0.17 (0.07)	-0.57 (0.06)*
Placebo-Subtracted HbA _{1c} Change at 6 Months (%)	NA	-0.40 (0.09)*
Baseline Weight (kg)	91.3 (1.2)	92.5 (1.2)
Change in Weight at 6 Months Relative to Baseline (kg)	+0.2 (0.2)	-1.5 (0.2)*
Placebo-Subtracted Weight Change at 6 Months (kg)	NA	-1.7 (0.3)*
Percent Change in Insulin Doses at 6 Months: Rapid/Short-Acting	+6.5 (2.7)	-3.0 (1.6)*
Percent Change in Insulin Doses at 6 Months: Long-Acting	+5.2 (1.4)	-0.2 (1.3)*

* Statistically significant reduction compared with placebo (p-value < 0.05).

In a cohort of 145 patients who completed two years of SymLin treatment the baseline-subtracted HbA_{1c} and weight reductions were: -0.40% and -0.36 kg, respectively.

Open-Label Study in the Clinical Practice Setting. An open-label study of SymLin was conducted at the recommended dose of 120 mcg in 166 patients with insulin-using type 2 diabetes who were unable to achieve glycemic targets using insulin alone. A flexible-dose insulin regimen was employed in these patients (see DOSAGE AND ADMINISTRATION). In this study, patients adjusted their insulin regimen based on pre- and post-meal glucose monitoring. At baseline, mean HbA_{1c} was 8.3%, mean age was 54.4 years, mean duration of diabetes was 13.3 years, and mean BMI was 38.6 kg/m². SymLin was administered with major meals. SymLin plus insulin treatment for 6 months resulted in a baseline-subtracted mean HbA_{1c} reduction of -0.56 ± 0.15% and a baseline-subtracted mean weight reduction of -2.76 ± 0.34 kg. These changes were accomplished with reductions in doses of total, short-acting, and long-acting insulin (-6.4 ± 2.66, -10.3 ± 4.84, and -4.20 ± 2.42%, respectively).

Clinical Studies in Type 1 Diabetes

The efficacy of a range of SymLin doses was evaluated in several placebo-controlled and open-label clinical trials conducted in patients with type 1 diabetes. Based on results obtained in these studies, the recommended dose of SymLin for patients with type 1 diabetes is 30 mcg or 60 mcg administered immediately prior to major meals.

Three, long-term (26 to 52 week), randomized, double-blind, placebo-controlled studies of SymLin were conducted in patients with type 1 diabetes (N=1717). Two of these studies allowed only minimal insulin adjustments in order to isolate the SymLin effect; in the third study, insulin adjustments were made according to standard medical practice. Demographic and baseline characteristics for the 1179 SymLin-treated patients are as follows: mean baseline HbA_{1c} was 8.7 to 9.0%, mean age range was 37.3 to 41.9 years, mean duration of diabetes range was 15.5 to 19.2 years, and mean BMI range was 25.0 to 26.8 kg/m². SymLin or placebo was added to existing insulin therapies.

Table 3 summarizes the composite results across these studies for patients assigned to the 30 or 60 mcg dose after 6 months of treatment.

Table 3: Mean (SE) Change in HbA_{1c}, Weight, and Insulin at 6 Months in the Double-Blind, Placebo-Controlled Studies in Patients With Type 1 Diabetes

Variable	Placebo	SymLin (30 or 60 mcg)
Baseline HbA _{1c} (%)	9.0 (0.06)	8.9 (0.04)
Change in HbA _{1c} at 6 Months Relative to Baseline (%)	-0.10 (0.05)	-0.43 (0.04)*
Placebo-Subtracted HbA _{1c} Change at 6 Months (%)	NA	-0.33 (0.06)*
Baseline Weight (kg)	75.1 (0.6)	76.1 (0.5)
Change in Weight at 6 Months Relative to Baseline (kg)	+0.6 (0.1)	-1.1 (0.1)*
Placebo-Subtracted Weight Change at 6 Months (kg)	NA	-1.7 (0.1)*
Percent Change in Insulin Doses at 6 Months: Rapid/Short-Acting	+1.7 (3.3)	-3.6 (2.9)
Percent Change in Insulin Doses at 6 Months: Long-Acting	+2.5 (1.9)	+1.9 (1.3)

* Statistically significant reduction compared with placebo (p-value < 0.05).

In a cohort of 73 patients who completed two years of SymLin treatment the baseline-subtracted HbA_{1c} and weight changes were: -0.35% and 0.60 kg, respectively.

SymLin Dose-Titration Trial. A dose-titration study of SymLin was conducted in patients with type 1 diabetes. Patients with relatively good baseline glycemic control (mean HbA_{1c} = 8.1%) were randomized to receive either insulin plus placebo or insulin plus SymLin. Other baseline and demographics characteristics were: mean age of 41 years, mean duration of diabetes of 20 years, mean BMI of 28 kg/m². SymLin was initiated at a dose of 15 mcg and titrated upward at weekly intervals by 15-mcg increments to doses of 30 mcg or 60 mcg, based on whether patients experienced nausea. Once a tolerated dose of either 30 mcg or 60 mcg was reached, the SymLin dose was maintained for the remainder of the study (SymLin was administered before major meals). During SymLin titration, the insulin dose (mostly the short/rapid-acting insulin) was reduced by 30-50% in order to reduce the occurrence of hypoglycemia. Once a tolerated SymLin dose was reached, insulin dose adjustments were made according to standard clinical practice, based on pre- and post-meal blood glucose monitoring. By 6 months of treatment, patients treated with SymLin and insulin and patients treated with insulin and placebo had equivalent reductions in mean HbA_{1c} (-0.47 ± 0.07% vs. -0.49 ± 0.07%, respectively); patients on SymLin lost weight (-1.33 ± 0.31 kg relative to baseline and -2.6 kg relative to placebo plus insulin-treated patients). SymLin-treated patients used less total insulin (-11.7% relative to baseline) and less short/rapid-acting insulin (-22.8% relative to baseline).

Open-Label Study in the Clinical Practice Setting. An open-label study of SymLin was conducted in patients with type 1 diabetes who were unable to achieve glycemic targets using insulin alone. A flexible-dose insulin regimen was employed in these patients after SymLin titration was completed (see DOSAGE AND ADMINISTRATION). In this study, patients adjusted their insulin regimen based on pre- and post-meal glucose monitoring. At baseline, mean HbA_{1c} was 8.0%, mean age was 42.7 years, mean duration of diabetes was 21.2 years, and mean BMI was 28.6 kg/m². SymLin daily dosage was 30 mcg or 60 mcg with major meals.

SymLin plus insulin reduced HbA_{1c} and body weight from baseline at 6 months by a mean of 0.18% and 3.0 kg, respectively. These changes in glycemic control and body weight were achieved with reductions in doses of total, short-acting, and long-acting insulin (-12.0 ± 1.36, -21.7 ± 2.81, and -0.4 ± 1.59%, respectively).

INDICATIONS AND USAGE

- Type 1 diabetes, as an adjunct treatment in patients who use mealtime insulin therapy and who have failed to achieve desired glucose control despite optimal insulin therapy.
- Type 2 diabetes, as an adjunct treatment in patients who use mealtime insulin therapy and who have failed to achieve desired glucose control despite optimal insulin therapy, with or without a concurrent sulfonylurea agent and/or metformin.

CONTRAINDICATIONS

- SymLin is contraindicated in patients with any of the following:
- a known hypersensitivity to SymLin or any of its components, including metacresol;
 - a confirmed diagnosis of gastroparesis;
 - hypoglycemia unawareness.

WARNINGS

Patient Selection

- Proper patient selection is critical to safe and effective use of SymLin.** Before initiation of therapy, the patient's HbA_{1c}, recent blood glucose monitoring data, history of insulin-induced hypoglycemia, current insulin regimen, and body weight should be reviewed. SymLin therapy should only be considered in patients with insulin-using type 2 or type 1 diabetes who fulfill the following criteria:
- have failed to achieve adequate glycemic control despite individualized insulin management;
 - are receiving ongoing care under the guidance of a healthcare professional skilled in the use of insulin and supported by the services of diabetes educator(s).
- Patients meeting any of the following criteria should NOT be considered for SymLin therapy:
- poor compliance with current insulin regimen;
 - poor compliance with prescribed self-blood glucose monitoring;
 - have an HbA_{1c} >9%;
 - recurrent severe hypoglycemia requiring assistance during the past 6 months;
 - presence of hypoglycemia unawareness;
 - confirmed diagnosis of gastroparesis;
 - require the use of drugs that stimulate gastrointestinal motility;
 - pediatric patients.

Hypoglycemia. SymLin alone does not cause hypoglycemia. However, SymLin is indicated to be co-administered with insulin therapy and in this setting SymLin increases the risk of insulin-induced severe hypoglycemia, particularly in patients with type 1 diabetes. Severe hypoglycemia associated with SymLin occurs within the first 3 hours following a SymLin injection. If severe hypoglycemia occurs while operating a motor vehicle, heavy machinery, or while engaging in other high-risk activities, serious injuries may occur. Therefore, when introducing SymLin therapy, appropriate precautions need to be taken to avoid increasing the risk for insulin-induced severe hypoglycemia. These precautions include frequent pre- and post-meal glucose monitoring combined with an initial 50% reduction in pre-meal doses of short-acting insulin (see DOSAGE AND ADMINISTRATION).

Symptoms of hypoglycemia may include hunger, headache, sweating, tremor, irritability, or difficulty concentrating. Rapid reductions in blood glucose concentrations may induce such symptoms regardless of glucose values. More severe symptoms of hypoglycemia include loss of consciousness, coma, or seizure.

Early warning symptoms of hypoglycemia may be different or less pronounced under certain conditions, such as long duration of diabetes; diabetic nerve disease; use of medications such as beta-blockers, clonidine, guanethidine, or reserpine; or intensified diabetes control.

The addition of any antihyperglycemic agent such as SymLin to an existing regimen of one or more antihyperglycemic agents (e.g., insulin, sulfonylurea), or other agents that can increase the risk of hypoglycemia may necessitate further insulin dose adjustments and particularly close monitoring of blood glucose.

The following are examples of substances that may increase the blood glucose-lowering effect and susceptibility to hypoglycemia: oral anti-diabetic products, ACE inhibitors, diospyramine, fibrates, fluoxetine, MAO inhibitors, pentoxifylline, propoxyphene, salicylates, and sulfonamide antibiotics.

Clinical studies employing a controlled hypoglycemic challenge have demonstrated that SymLin does not alter the counter-regulatory hormonal response to insulin-induced hypoglycemia. Likewise, in SymLin-treated patients, the perception of hypoglycemic symptoms was not altered with plasma glucose concentrations as low as 45 mg/dL.

PRECAUTIONS

General

Hypoglycemia (See WARNINGS).

SymLin should be prescribed with caution to persons with visual or dexterity impairment.

Information for Patients: Healthcare providers should inform patients of the potential risks and advantages of SymLin therapy. Healthcare providers should also inform patients about self-management practices including glucose monitoring, proper injection technique, timing of dosing, and proper storage of SymLin. In addition, reinforce the importance of adherence to meal planning, physical activity, recognition and management of hypoglycemia and hyperglycemia, and assessment of diabetes complications. Refer patients to the SymLin Medication Guide and Patient Instructions for Use for additional information.

Instruct patients on handling of special situations such as intercurrent conditions (illness or stress), an inadequate or omitted insulin dose, inadvertent administration of increased insulin or insulin dose, inadequate food intake or missed meals.

SymLin and SymLin should always be administered as separate injections and never be mixed.

Women with diabetes should be advised to inform their healthcare professional if they are pregnant or contemplating pregnancy.

Renal Impairment: The dosing requirements for SymLin are not altered in patients with moderate or severe renal impairment (Cl_{cr} >20 to ≤50 mL/min). No studies have been done in dialysis patients (see CLINICAL PHARMACOLOGY, Special Populations).

Hepatic Impairment: Studies have not been performed in patients with hepatic impairment. However, hepatic dysfunction is not expected to affect blood concentrations of SymLin (see CLINICAL PHARMACOLOGY, Special Populations).

Adverse Reactions

Local Allergy. Patients may experience redness, swelling, or itching at the site of injection. These minor reactions usually resolve in a few days to a few weeks. In some instances, these reactions may be related to factors other than SymLin, such as irritants in a skin cleansing agent or improper injection technique.

Systemic Allergy. In controlled clinical trials up to 12 months, potential systemic allergic reactions were reported in 65 (5%) of type 2 patients and 59 (5%) of type 1 SymLin-treated patients. Similar reactions were reported by 18 (4%) and 28 (5%) of placebo-treated type 2 and type 1 patients, respectively. No patient receiving SymLin was withdrawn from a trial due to a potential systemic allergic reaction.

Drug Interactions

Due to its effects on gastric emptying, SYMLIN therapy should not be considered for patients taking drugs that alter gastrointestinal motility (e.g., anticholinergic agents such as atropine) and agents that slow the intestinal absorption of nutrients (e.g., α -glucosidase inhibitors). Patients using these drugs have not been studied in clinical trials.

SYMLIN has the potential to delay the absorption of concomitantly administered oral medications. When the rapid onset of a concomitant orally administered agent is a critical determinant of effectiveness (such as analgesics), the agent should be administered at least 1 hour prior to or 2 hours after SYMLIN injection.

In clinical trials, the concomitant use of sulfonylureas or biguanides did not alter the adverse event profile of SYMLIN. No formal interaction studies have been performed to assess the effect of SYMLIN on the kinetics of oral antidiabetic agents.

Mixing SYMLIN and Insulin

The pharmacokinetic parameters of SYMLIN were altered when mixed with regular, NPH, and 70/30 premixed formulations of recombinant human insulin immediately prior to injection. **Thus, SYMLIN and insulin should not be mixed and must be administered separately.**

Carcinogenesis, Mutagenesis, Impairment of Fertility

Carcinogenesis. A two-year carcinogenicity study was conducted in CD-1 mice with doses of 0.2, 0.5, and 1.2 mg/kg/day of SYMLIN (32, 67, and 159 times the exposure resulting from the maximum recommended human dose based on area under the plasma concentration curve or AUC, respectively). No drug-induced tumors were observed. A two-year carcinogenicity study was conducted in Sprague-Dawley rats with doses of 0.04, 0.2, and 0.5 mg/kg/day of SYMLIN (3, 9, and 25 times the exposure resulting from the maximum recommended human dose based on AUC, respectively). No drug-induced tumors were observed in any organ.

Mutagenesis. SYMLIN was not mutagenic in the Ames test and did not increase chromosomal aberration in the human lymphocytes assay. SYMLIN was not clastogenic in the *in vivo* mouse micronucleus test or in the chromosomal aberration assay utilizing Chinese hamster ovary cells.

Impairment of Fertility. Administration of 0.3, 1, or 3 mg/kg/day of SYMLIN (8, 17, and 82 times the exposure resulting from the maximum recommended human dose based on body surface area) had no significant effects on fertility in male or female rats. The highest dose of 3 mg/kg/day resulted in dystocia in 8/12 female rats secondary to significant decreases in serum calcium levels.

Pregnancy

Teratogenic Effects: Pregnancy Category C. No adequate and well-controlled studies have been conducted in pregnant women. Studies in perfused human placenta indicate that SYMLIN has low potential to cross the maternal/fetal placental barrier. Embryofetal toxicity studies with SYMLIN have been performed in rats and rabbits. Increases in congenital abnormalities (neural tube defect, cleft palate, exencephaly) were observed in fetuses of rats treated during organogenesis with 0.3 and 1.0 mg/kg/day (10 and 47 times the exposure resulting from the maximum recommended human dose based on AUC, respectively). Administration of doses up to 0.3 mg/kg/day SYMLIN (9 times maximum recommended dose based on AUC) to pregnant rabbits had no adverse effects in embryofetal development; however, animal reproduction studies are not always predictive of human response. SYMLIN should be used during pregnancy only if it is determined by the healthcare professional that the potential benefit justifies the potential risk to the fetus.

Nursing Mothers

It is unknown whether SYMLIN is excreted in human milk. Many drugs, including peptide drugs, are excreted in human milk. Therefore, SYMLIN should be administered to nursing women only if it is determined by the healthcare professional that the potential benefit outweighs the potential risk to the infant.

Pediatric Use

Safety and effectiveness of SYMLIN in pediatric patients have not been established.

Geriatric Use

SYMLIN has been studied in patients ranging in age from 15 to 84 years of age, including 539 patients 65 years of age or older. The change in HbA1c values and hypoglycemia frequencies did not differ by age, but greater sensitivity in some older individuals cannot be ruled out. Thus, both SYMLIN and insulin regimens should be carefully managed to obviate an increased risk of severe hypoglycemia.

ADVERSE REACTIONS

Adverse events (excluding hypoglycemia, discussed below) commonly associated with SYMLIN when co-administered with a fixed dose of insulin in the long-term, placebo-controlled trials in insulin-using type 2 patients and type 1 patients are presented in **Table 4** and **Table 5**, respectively. The same adverse events were also shown in the open-label clinical practice study, which employed flexible insulin dosing.

Table 4: Treatment-Emergent Adverse Events Occurring With $\geq 5\%$ Incidence and Greater Incidence With SYMLIN Compared With Placebo in Long-Term, Placebo-Controlled Trials. Incidence of the Same Events in the Open-Label Clinical Practice Study (Patients With Insulin-Using Type 2 Diabetes, 120 mcg)

	Placebo + Insulin (n(%) (N=284)	SYMLIN + Insulin (n(%) (N=292)	Open-Label, Clinical Practice Study (n(%) (N=166)
Nausea	34 (12)	81 (28)	53 (30)
Headache	19 (7)	39 (13)	8 (5)
Anorexia	5 (2)	27 (9)	1 (<1)
Vomiting	12 (4)	24 (8)	13 (7)
Abdominal Pain	19 (7)	23 (8)	3 (2)
Fatigue	11 (4)	20 (7)	5 (3)
Dizziness	11 (4)	17 (6)	3 (2)
Coughing	12 (4)	18 (6)	4 (2)
Pharyngitis	7 (2)	15 (5)	6 (3)

Table 5: Treatment-Emergent Adverse Events Occurring With $\geq 5\%$ Incidence and Greater Incidence With SYMLIN Compared to Placebo in Long-Term, Placebo-Controlled Studies. Incidence of the Same Events in the Open-Label Clinical Practice Study (Patients With Type 1 Diabetes, 30 or 60 mcg)

	Placebo + Insulin (n(%) (N=538)	SYMLIN + Insulin (n(%) (N=716)	Open-Label, Clinical Practice Study (n(%) (N=265)
Nausea	92 (17)	342 (48)	98 (37)
Anorexia	12 (2)	122 (17)	0 (0)
Inflicted Injury	55 (10)	97 (14)	20 (8)
Vomiting	36 (7)	82 (11)	18 (7)
Arthralgia	27 (5)	51 (7)	6 (2)
Fatigue	22 (4)	51 (7)	12 (4.5)
Allergic Reaction	28 (5)	41 (6)	1 (<1)
Dizziness	21 (4)	34 (5)	5 (2)

Most adverse events were gastrointestinal in nature. In patients with type 2 or type 1 diabetes, the incidence of nausea was higher at the beginning of SYMLIN treatment and decreased with time in most patients. The incidence and severity of nausea are reduced when SYMLIN is gradually titrated to the recommended doses (see DOSAGE AND ADMINISTRATION).

Severe Hypoglycemia

SYMLIN alone (without the concomitant administration of insulin) does not cause hypoglycemia. However, SYMLIN is indicated as an adjunct treatment in patients who use mealtime insulin therapy and co-administration of SYMLIN with insulin can increase the risk of insulin-induced hypoglycemia, particularly in patients with type 1 diabetes (see Boxed Warning). The incidence of severe hypoglycemia during the SYMLIN clinical development program is summarized in **Table 6** and **Table 7**.

Table 6: Incidence and Event Rate of Severe Hypoglycemia in Long-Term, Placebo-Controlled and Open-Label, Clinical Practice Studies in Patients With Insulin-Using Type 2 Diabetes

	Long-Term, Placebo-Controlled Studies (No Insulin Dose-Reduction During Initiation)				Open-Label, Clinical Practice Study (Insulin Dose-Reduction During Initiation)	
	Placebo + Insulin	SYMLIN + Insulin	SYMLIN + Insulin	SYMLIN + Insulin	SYMLIN + Insulin	SYMLIN + Insulin
Severe Hypoglycemia	0-3 Months (n=284)	>3-6 Months (n=251)	0-3 Months (n=292)	>3-6 Months (n=255)	0-3 Months (n=166)	>3-6 Months (n=150)
Patient-Ascertained*						
Event Rate (event rate/patient year)	0.24	0.13	0.45	0.39	0.05	0.03
Incidence (%)	2.1	2.4	8.2	4.7	0.6	0.7
Medically Assisted**						
Event Rate (event rate/patient year)	0.06	0.07	0.09	0.02	0.05	0.03
Incidence (%)	0.7	1.2	1.7	0.4	0.6	0.7

* Patient-ascertained severe hypoglycemia: Requiring the assistance of another individual (including aid in ingestion of oral carbohydrate); and/or requiring the administration of glucagon injection, intravenous glucose, or other medical intervention.

** Medically assisted severe hypoglycemia: Requiring glucagon, IV glucose, hospitalization, paramedic assistance, emergency room visit, and/or assessed as an SAE by the investigator.

Table 7: Incidence and Event Rate of Severe Hypoglycemia in Long-Term, Placebo-Controlled and Open-Label, Clinical Practice Studies in Patients With Type 1 Diabetes

	Long-Term, Placebo-Controlled Studies (No Insulin Dose-Reduction During Initiation)				Open-Label, Clinical Practice Study (Insulin Dose-Reduction During Initiation)	
	Placebo + Insulin	SYMLIN + Insulin	SYMLIN + Insulin	SYMLIN + Insulin	SYMLIN + Insulin	SYMLIN + Insulin
Severe Hypoglycemia	0-3 Months (n=538)	>3-6 Months (n=470)	0-3 Months (n=716)	>3-6 Months (n=576)	0-3 Months (n=265)	>3-6 Months (n=213)
Patient-Ascertained*						
Event Rate (event rate/patient year)	1.33	1.06	1.55	0.82	0.29	0.16
Incidence (%)	10.8	8.7	16.8	11.1	5.7	3.8
Medically Assisted**						
Event Rate (event rate/patient year)	0.19	0.24	0.50	0.27	0.10	0.04
Incidence (%)	3.3	4.3	7.3	5.2	2.3	0.9

* Patient-ascertained severe hypoglycemia: Requiring the assistance of another individual (including aid in ingestion of oral carbohydrate); and/or requiring the administration of glucagon injection, intravenous glucose, or other medical intervention.

** Medically assisted severe hypoglycemia: Requiring glucagon, IV glucose, hospitalization, paramedic assistance, emergency room visit, and/or assessed as an SAE by the investigator.

Post Marketing Experience

Since market introduction of SYMLIN, the following adverse reactions have been reported. Because these events are reported voluntarily from a population of uncertain size, it is not always possible to reliably estimate their frequency or establish a causal relationship to drug exposure.

General: Injection site reactions.

OVERDOSAGE

Single 10 mg doses of SYMLIN (83 times the maximum dose of 120 mcg) were administered to three healthy volunteers. Severe nausea was reported in all three individuals and was associated with vomiting, diarrhea, vasodilatation, and dizziness. No hypoglycemia was reported. SYMLIN has a short half-life and in the case of overdose, supportive measures are indicated.

DOSAGE AND ADMINISTRATION

SYMLIN dosage differs depending on whether the patient has type 2 or type 1 diabetes (see below). When initiating therapy with SYMLIN, initial insulin dose reduction is required in all patients (both type 2 and type 1) to reduce the risk of insulin-induced hypoglycemia. As this reduction in insulin can lead to glucose elevations, patients should be monitored at regular intervals to assess SYMLIN tolerability and the effect on blood glucose, so that **individualized** insulin adjustments can be made. If SYMLIN therapy is discontinued for any reason (e.g., surgery or illnesses), the same initiation protocol should be followed when SYMLIN therapy is re-instituted (see below).

Initiation of SYMLIN therapy

Patients With Insulin-Using Type 2 Diabetes

In patients with insulin-using type 2 diabetes, SYMLIN should be initiated at a dose of 60 mcg and increased to a dose of 120 mcg as tolerated.

Patients should be instructed to:

- Initiate SYMLIN at 60 mcg subcutaneously, immediately prior to major meals;
- Reduce preprandial, rapid-acting or short-acting insulin dosages, including fixed-mix insulins (70/30) by 50%;
- Monitor blood glucose frequently, including pre- and post-meals and at bedtime;
- Increase the SYMLIN dose to 120 mcg when no clinically significant nausea has occurred for 3-7 days. **SYMLIN dose adjustments should be made only as directed by the healthcare professional.** If significant nausea persists at the 120 mcg dose, the SYMLIN dose should be decreased to 60 mcg;
- Adjust insulin doses to optimize glycemic control once the target dose of SYMLIN is achieved and nausea (if experienced) has subsided. **Insulin dose adjustments should be made only as directed by the healthcare professional;**
- Contact a healthcare professional skilled in the use of insulin to review SYMLIN and insulin dose adjustments at least once a week until a target dose of SYMLIN is achieved, SYMLIN is well-tolerated, and blood glucose concentrations are stable.

Patients With Type 1 Diabetes

In patients with type 1 diabetes, SYMLIN should be initiated at a dose of 15 mcg and titrated at 15-mcg increments to a maintenance dose of 30 mcg or 60 mcg as tolerated.

Patients should be instructed to:

- Initiate SYMLIN at a starting dose of 15 mcg subcutaneously, immediately prior to major meals;
- Reduce preprandial, rapid-acting or short-acting insulin dosages, including fixed-mix insulins (e.g., 70/30) by 50%;
- Monitor blood glucose frequently, including pre- and post-meals and at bedtime;
- Increase the SYMLIN dose to the next increment (30 mcg, 45 mcg, or 60 mcg) when no clinically significant nausea has occurred for at least 3 days. **SYMLIN dose adjustments should be made only as directed by the healthcare professional.** If significant nausea persists at the 45 or 60 mcg dose level, the SYMLIN dose should be decreased to 30 mcg. If the 30 mcg dose is not tolerated, discontinuation of SYMLIN therapy should be considered;
- Adjust insulin doses to optimize glycemic control once the target dose of SYMLIN is achieved and nausea (if experienced) has subsided. **Insulin dose adjustments should be made only as directed by the healthcare professional;**
- Contact a healthcare professional skilled in the use of insulin to review SYMLIN and insulin dose adjustments at least once a week until a target dose of SYMLIN is achieved, SYMLIN is well-tolerated, and blood glucose concentrations are stable.

Once Target Dose of SYMLIN is Achieved in Type 2 or Type 1 Patients

After a maintenance dose of SYMLIN is achieved, both insulin-using patients with type 2 diabetes and patients with type 1 diabetes should be instructed to:

- Adjust insulin doses to optimize glycemic control once the target dose of SYMLIN is achieved and nausea (if experienced) has subsided. **Insulin dose adjustments should be made only as directed by a healthcare professional;**
- Contact a healthcare professional in the event of recurrent nausea or hypoglycemia. An increased frequency of mild to moderate hypoglycemia should be viewed as a warning sign of increased risk for severe hypoglycemia.

Administration

SYMLIN should be administered subcutaneously immediately prior to each major meal (≥ 250 kcal or containing ≥ 30 g of carbohydrate).

SYMLIN should be at room temperature before injecting to reduce potential injection site reactions. Each SYMLIN dose should be administered subcutaneously into the abdomen or thigh (administration into the arm is not recommended because of variable absorption). Injection sites should be rotated so that the same site is not used repeatedly. The injection site selected should also be distinct from the site chosen for any concomitant insulin injection.

SYMLIN and insulin should always be administered as separate injections.

SYMLIN should not be mixed with any type of insulin.

If a SYMLIN dose is missed, wait until the next scheduled dose and administer the usual amount.

SymlinPen[®] pen-injector

The SymlinPen[®] pen-injector is available in two presentations:

- SymlinPen[®] 60 pen-injector for doses of 15 mcg, 30 mcg, 45 mcg and 60 mcg.
- SymlinPen[®] 120 pen-injector for doses of 60 mcg and 120 mcg.

See the accompanying Patient Instructions for Use for instructions for using the SymlinPen[®] pen-injector.

The patient should be advised:

- to confirm they are using the correct pen-injector that will deliver their prescribed dose;
- on proper use of the pen-injector, emphasizing how and when to set up a new pen-injector;
- not to transfer SYMLIN from the pen-injector to a syringe. **Doing so could result in a higher dose than intended, because SYMLIN in the pen-injector is a higher concentration than SYMLIN in the SYMLIN vial;**
- not to share the pen-injector and needles with others;
- that needles are not included with the pen-injector and must be purchased separately;
- which needle length and gauge should be used;
- to use a new needle for each injection.

SYMLIN vials

To administer SYMLIN from vials, use a U-100 insulin syringe (preferably a 0.3 mL [0.3 cc] size) for optimal accuracy. If using a syringe calibrated for use with U-100 insulin, use the chart below (**Table 8**) to measure the microgram dosage in unit increments.

Table 8: Conversion of SYMLIN Dose to Insulin Unit Equivalents

Dosage Prescribed (mcg)	Increment Using a U-100 Syringe (Units)	Volume (cc or mL)
15	2½	0.025
30	5	0.05
45	7½	0.075
60	10	0.1
120	20	0.2

Always use separate, new syringes and needles to give SYMLIN and insulin injections.

Discontinuation of Therapy

SYMLIN therapy should be discontinued if any of the following occur:

- Recurrent unexplained hypoglycemia that requires medical assistance;
- Persistent clinically significant nausea;
- Noncompliance with self-monitoring of blood glucose concentrations;
- Noncompliance with insulin dose adjustments;
- Noncompliance with scheduled healthcare professional contacts or recommended clinic visits.

Preparation and Handling

SYMLIN should be inspected visually for particulate matter or discoloration prior to administration whenever the solution and the container permit.

HOW SUPPLIED

SYMLIN is supplied as a sterile injection in the following dosage forms:

- 1.5 mL disposable multidose SymlinPen[®] 60 pen-injector containing 1000 mcg/mL pramlintide (as acetate).
- 2.7 mL disposable multidose SymlinPen[®] 120 pen-injector containing 1000 mcg/mL pramlintide (as acetate).
- 5 mL vial, containing 600 mcg/mL pramlintide (as acetate), for use with an insulin syringe.

To administer SYMLIN from vials, use a U-100 insulin syringe (preferably a 0.3 mL [0.3 cc] size). If using a syringe calibrated for use with U-100 insulin, use the chart (**Table 8**) in the DOSAGE AND ADMINISTRATION section to measure the microgram dosage in unit increments.

Do not mix SYMLIN with insulin.

SYMLIN Injection is available in the following package sizes:

- SymlinPen[®] 60 pen-injector, containing 1000 mcg/mL pramlintide (as acetate) 2 X 1.5 mL disposable multidose pen-injector (NDC 66780-115-02)
- SymlinPen[®] 120 pen-injector, containing 1000 mcg/mL pramlintide (as acetate) 2 X 2.7 mL disposable multidose pen-injector (NDC 66780-121-02)
- 5 mL vial, containing 600 mcg/mL pramlintide (as acetate), for use with an insulin syringe (NDC 66780-110-01)

STORAGE

SYMLIN pen-injectors and vials not in use: Refrigerate (36°F to 46°F; 2°C to 8°C), and protect from light. Do not freeze. Do not use if product has been frozen. Unused SYMLIN (opened or unopened) should not be used after the expiration (EXP) date printed on the carton and the label.

SYMLIN pen-injectors and vials in use: After first use, refrigerate or keep at a temperature not greater than 86°F (30°C) for 30 days. Use within 30 days, whether or not refrigerated.

Storage conditions are summarized in **Table 9**.

Table 9: Storage Conditions

Dosage Form	Unopened (not in use) Refrigerated	Open (in use) Refrigerated or Temperature Up To 86°F (30°C)
1.5 mL pen-injector 2.7 mL pen-injector 5 mL vial	Until Expiration Date	Use Within 30 Days

The SymlinPen[®] pen-injectors and SYMLIN vials are manufactured for: Amlyn Pharmaceuticals, Inc. San Diego, CA 92121 USA 1-800-349-8919 <http://www.SYMLIN.com>

Rx only

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